

Pre-workshop Questionnaire

Thank you for registering for the “PST for people at risk of self-harm” training programme. Please complete this pre-workshop questionnaire and return it to nicola.collins@auckland.ac.nz before the workshop.

Name	
Employer (DHB/PHO)	

How would you rate your knowledge and understanding of problem solving therapy? (Please select one.)

Poor	Fair	Good	Very Good	Excellent
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What is your current perception of how useful PST is likely to be as a therapy for use with people at risk of self harm? (Please select one.)

Not useful	Limited in its usefulness	Somewhat useful	Quite useful	Very useful
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Please add any comments you may have about your current knowledge of PST:

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For the following questions please circle the number that best describes your satisfaction with each statement.

- 1 = Strongly Disagree
- 2 = Somewhat Disagree
- 3 = Neither Agree Nor Disagree
- 4 = Somewhat Agree
- 5 = Strongly Agree

Current knowledge and perceptions about PST					
I believe that having an understanding of PST will be a useful addition to my current clinical practice	1	2	3	4	5
I am confident that it will be feasible to use PST with my clients within my current working environment	1	2	3	4	5
I believe that using PST could be effective when working with clients who have a history of self harm	1	2	3	4	5
Issues specific to working with suicidal clients					
I have experience working with suicidal clients and/or clients at increased risk of self harm	1	2	3	4	5
I feel confident working with suicidal clients	1	2	3	4	5

If you would like to add further comment about any of the questions above please use the box below.